

Excluded: Procedure not routinely funded

Bedfordshire, Hertfordshire, West Essex and Milton Keynes Priorities Forum statement

Number	100
Subject	Dysthyroid Eye Disease
Date of decision	June 2019
Date of review	June 2022

GUIDANCE

This guidance has been produced on behalf of local CCGs and covers CCG funding of thyroid eye disease, clarifying the responsibilities of CCGs and NHSE in the commissioning and funding of thyroid eye disease. The guidance does not cover NHSE funding but clarifies where their responsibilities lie.

Treatment of thyroid eye disease (TED) is only funded by CCGs in cases of mild disease (see classification below). For moderate or severe disease NHS England is the responsible commissioner. The treatment of mild disease is primarily medical, not surgical, therefore it is not anticipated that any surgery for thyroid eye disease would be routinely funded by local CCGs.

Spectacle lenses including specialist lenses are also an NHS England responsibility.

Funding criteria:

Any requests for CCG funding of surgery would be exceptional and would only be considered as an individual funding request (IFR). See appendix A for OPCS codes.

The CCG funding responsibilities are for mild disease, with NHSE the commissioner for moderate or severe disease. Disease severity is assessed using the EUGOGO criteria, shown below (1).

<i>Sign/symptom</i>	Mild disease	Moderate/severe disease
Lid retraction	<2 mm	≥2 mm
Soft tissue involvement	Mild	Moderate or severe
Exophthalmos	<3 mm	≥3 mm
Diplopia	None or transient ^a	Inconstant ^b or constant ^c
Corneal involvement	None or mild	Moderate or severe

a **Transient diplopia:** in primary position when tired or first awakening

b **Inconstant diplopia:** at extremes of gaze

c **Constant diplopia:** continuous in primary position or when reading

Clinical management

Management appropriate for mild disease:

Management of mild disease is mostly self-management optimisation of the patient's thyroid status, e.g.:

- Smoking cessation
- Correction of thyroid function
- Artificial tears (obtained over the counter from community pharmacies)
- Prism lenses (NHSE responsibility)
- Self-help groups

Management appropriate for moderate to severe disease – (NB NHS England is responsible for commissioning)

- IV steroids
- Orbital irradiation
- Orbital decompression
- Muscle surgery
- Eyelid surgery

References

1. Bartalena L, Baldeschi L, Dickinson A, Eckstein A, Kendall-Taylor P, Marcocci C, et al. Consensus statement of the European Group on Graves' orbitopathy (EUGOGO) on management of GO. Eur J Endocrinol. 2008 Mar 1;158(3):273–85.

Human Rights and Equalities Legislation has been considered in the development of this guidance

Appendix A - OPCS Codes

- C06.3 Decompression of orbit
- C13.1 Blepharoplasty of both eyelids
- C13.2 Blepharoplasty of upper eyelid
- C13.3 Blepharoplasty of lower eyelid
- C16.1 Central tarsorrhaphy
- C16.2 Lateral tarsorrhaphy
- C16.3 Medial tarsorrhaphy
- C16.4 Tarsorrhaphy NEC
- C16.5 Revision of tarsorrhaphy
- C18.5 Tarsomullerectomy
- C31.1 Recession of medial rectus muscle and resection of lateral rectus muscle of eye
- C31.2 Bilateral recession of medial recti muscles of eyes
- C31.3 Bilateral resection of medial recti muscles of eyes
- C31.4 Bilateral recession of lateral recti muscles of eyes
- C31.5 Bilateral resection of lateral recti muscles of eyes
- C31.6 Recession of lateral rectus muscle and resection of medial rectus muscle of eye
- C31.8 Other specified combined operations on muscles of eye
- C31.9 Unspecified combined operations on muscles of eye
- C32.1 Recession of medial rectus muscle of eye NEC
- C32.2 Recession of lateral rectus muscle of eye NEC
- C32.3 Recession of superior rectus muscle of eye
- C32.4 Recession of inferior rectus muscle of eye
- C32.5 Recession of superior oblique muscle of eye
- C32.6 Recession of inferior oblique muscle of eye
- C32.7 Recession of combinations of muscles of eye
- C32.8 Other specified recession of muscle of eye
- C32.9 Unspecified recession of muscle of eye
- C33.1 Resection of medial rectus muscle of eye NEC
- C33.2 Resection of lateral rectus muscle of eye NEC
- C33.3 Resection of superior rectus muscle of eye
- C33.4 Resection of inferior rectus muscle of eye
- C33.5 Resection of superior oblique muscle of eye
- C33.6 Resection of inferior oblique muscle of eye
- C33.7 Resection of combinations of muscles of eye
- C33.8 Other specified resection of muscle of eye
- C33.9 Unspecified resection of muscle of eye
- C34.1 Tenotomy of medial rectus muscle of eye
- C34.2 Tenotomy of lateral rectus muscle of eye
- C34.3 Tenotomy of superior rectus muscle of eye

C34.4 Tenotomy of inferior rectus muscle of eye
C34.5 Tenotomy of superior oblique muscle of eye
C34.6 Tenotomy of inferior oblique muscle of eye
C34.7 Tenotomy of combinations of muscles of eye
C34.8 Other specified partial division of tendon of muscle of eye
C34.9 Unspecified partial division of tendon of muscle of eye
C35.1 Transposition of muscle of eye NEC
C35.2 Lengthening of muscle of eye by muscle slide
C35.3 Insertion of adjustable suture into muscle of eye
C35.8 Other specified other adjustment to muscle of eye
C35.9 Unspecified other adjustment to muscle of eye
C37.2 Freeing of adhesions of muscle of eye
C37.4 Repair of muscle of eye NEC
C37.8 Other specified other operations on muscle of eye
C37.9 Unspecified other operations on muscle of eye
X65.8 Other specified radiotherapy delivery