

**Policy Recommendation: Use of Autologous Blood Injections for  
Musculoskeletal Conditions**

**Date of Issue: Dec 2017**

The committee recommends:

**Use of Autologous Blood Injections for Musculoskeletal Conditions**

The evidence for the effectiveness of autologous blood injections was reviewed for tendinopathies, tennis and golfers elbow, rotator cuff tears and impingement and plantar fibromatosis.

The committee recommends that there is insufficient evidence as to the effectiveness and considers this a low priority treatment

*Notes:*

*Whilst the panel recognised the considered expert advice of NICE in their recommendation the panel also had a duty to prioritise spending of a finite resource locally and made a decision which it felt gave the most equitable and effective use of investment.*