

## Bedfordshire and Hertfordshire Priorities forum statement

Number: 35

Subject: Management of Snoring

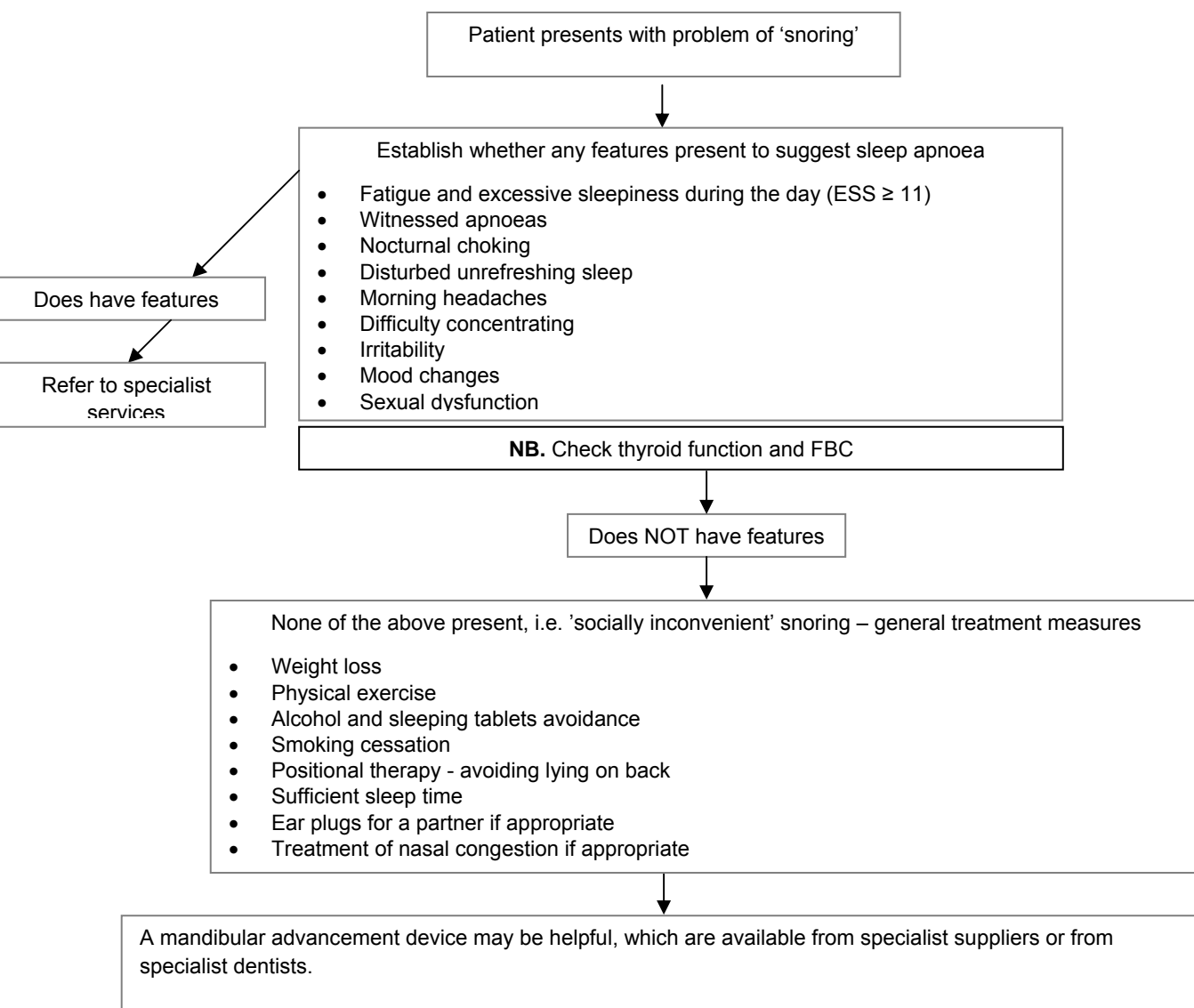
Date of decision: November 2011

Review date: November 2013

### Guidance

Patients with history of snoring and unexplained excessive daytime sleepiness assessed with Epworth Sleepiness Scale ( $ESS \geq 11$ ) should be referred to secondary care, and will be eligible for NHS treatment if diagnosis of sleep apnoea syndrome is confirmed. Patients should be managed according to the following pathway.

#### MANAGEMENT WITHIN PRIMARY CARE



## SPECIALIST SERVICES

