

SHIP8 Clinical Commissioning Groups Priorities Committee

Policy title Number/version 2.0	Policy 23: Nasal surgery for nasal blockage and/or deformity (Septoplasty / Septorhinoplasty/ Rhinoplasty)
Policy position	<ul style="list-style-type: none"> • CRITERIA BASED ACCESS: Septoplasty and Septorhinoplasty • NOT NORMALLY FUNDED: Rhinoplasty
Date of Committee Recommendation	19/11/2020
Update	This policy will be updated as per 3 year cycle or in light of a substantial body of new evidence or new national guidance (e.g. NICE)

Nasal septal deviation (NSD) can cause nasal obstruction (insufficient airflow through the nose) and lead to symptoms such as nosebleed, headaches and oral breathing. NSD occurs when the wall of cartilage between the two nasal cavities is displaced. Nasal surgery can be undertaken to straighten the nasal septum with the aim of alleviating symptoms. Other conditions such as rhinitis and nasal polyps can also cause a feeling of nasal blockage and may occur alongside NSD.

Nasal surgery to address the effects of facial trauma during initial care, nasal surgery arising from cancer treatments and surgery to address complex congenital conditions are excluded from this policy.

Septoplasty

For individuals who wish to be referred for specialist surgical opinion, all of the following criteria need to be met:

- Obstruction of one or both nostrils causing symptoms which significantly affect daily activities (for example severe difficulty in sleeping or during exercise/ exertion) **AND**
- Trial of non-surgical treatments for alternative causes of blockage (such as rhinitis) without success for at least 3 months **AND**
- The overuse of nasal sprays has been excluded as a cause of the nasal congestion or has been ceased prior to the referral and the nasal congestion persists

Septorhinoplasty

Patients are required to meet the above criteria. In addition, requests must explain the improvement in functional outcome that is expected, and why septoplasty alone is not indicated.

Rhinoplasty

Rhinoplasty for deformity of the nose where there are no symptoms of nasal obstruction is considered an aesthetic procedure and is an intervention **NOT NORMALLY FUNDED**. In cases of trauma where the initial reconstruction requires revision due to continuing functional problems the clinician is invited to make an individual funding request (IFR).

Exceptional circumstances may be considered where there is evidence of significant health impairment and there is also evidence of the intervention improving health status

Clinical coding

Procedure Codes

E023 Septorhinoplasty using implant
E024 Septorhinoplasty using graft
E036 Septoplasty of nose NEC
E073 Septorhinoplasty NEC

Diagnosis Codes

J342 Deviated nasal septum