

SHIP8 Clinical Commissioning Groups Priorities Committee

Policy title Number/version	Policy 16: Laser Therapy for Recurrent Pilonidal Sinus Version 2.0 (2017, update 2020)
Policy position:	NOT NORMALLY FUNDED
Date of Committee Recommendation	June 2020
Update	This policy will be updated as per 3 year cycle or in light of a substantial body of new evidence or new national guidance (e.g. NICE)

Pilonidal sinus disease is an inflammatory skin condition that usually occurs in the midline of the natal cleft. Pilonidal sinus may be asymptomatic, or present as an acute abscess (with or without cellulitis) or a chronic cyst and/or sinus with persistent drainage and/or extensive subcutaneous tracts. Pilonidal sinus disease often recurs after surgical treatment, and the recurrence rate depends on the specific surgical method used.

Advice on conservative management such as shaving/ cream depilation, gluteal cleft hygiene, and patient education should be offered to individuals suffering from recurrent pilonidal sinus disease without abscess.

Due to a lack of sufficient evidence to support funding laser treatment as an option for preventing recurrence of pilonidal sinus disease, the Priorities Committee recommends that laser therapy for recurrent pilonidal sinus is an intervention **NOT NORMALLY FUNDED**.

Exceptional circumstances may be considered where there is evidence of significant health impairment and there is also evidence of the intervention improving health status.

Clinical coding

Diagnosis Codes

L050 Pilonidal cyst with abscess

L059 Pilonidal cyst without abscess

Note: L05 ICD-10 code is used for pilonidal cysts, fistula or sinuses.

Procedure Codes

S091 Laser destruction of lesion of skin of head or neck

S092 Laser destruction of lesion of skin NEC

S093 Photodestruction of lesion of skin of head or neck NEC

S094 Infrared photocoagulation of lesion of skin of head or neck

S095 Infrared photocoagulation of lesion of skin NEC

S098 Other specified photodestruction of lesion of skin

S099 Unspecified photodestruction of lesion of skin