

Excluded: Procedure not routinely funded

Thames Valley Priorities Committee Commissioning Policy Statement

Policy No. TVPC29 **Dilatation and curettage (D&C) for abnormal uterine bleeding**

Recommendation made by the Priorities Committee: **July 2015; reviewed July 2018¹**

Date of issue: **November 2015 / Update September 2018**

Abnormal uterine bleeding (AUB) i.e. heavy menstrual bleeding (HMB), irregular bleeding and postmenopausal bleeding can affect women of both reproductive and post-reproductive age. The diagnosis and treatment of AUB are different according to the menopausal status of the person.

D&C alone is **not normally funded** as a diagnostic tool, but may be undertaken as an aid to diagnosis of the causes of abnormal uterine bleeding.

D&C is **not normally funded** as a therapeutic intervention for the treatment of AUB.

For women presenting with heavy menstrual bleeding the current [NICE Guideline NG88 \(2018\)](#) advocates initial primary care management of HMB but recognises the need for diagnostic tests in specific cases to evaluate the uterus, namely endometrial biopsy, ultrasound scan and hysteroscopy.

For women presenting with post-menopausal bleeding, investigations include ultrasound scan to measure the thickness of the endometrium, endometrial biopsy and hysteroscopy.

Primary diagnosis codes

- N920 - Excessive and frequent menstruation with regular cycle
- N921 - Excessive and frequent menstruation with irregular cycle
- N922 - Excessive menstruation at puberty
- N924 - Excessive bleeding in the premenopausal period

Procedure code

Q103 Dilation of cervix uteri and curettage of uterus NEC

¹ No changes have been made to this policy.

NOTES:

- Potentially exceptional circumstances may be considered by a patient's CCG where there is evidence of significant health status impairment (e.g. inability to perform activities of daily living) and there is evidence that the intervention sought would improve the individual's health status.
- This policy will be reviewed in the light of new evidence or new national guidance, e.g., from NICE.
- Thames Valley clinical policies can be viewed at <http://www.fundingrequests.ccsu.nhs.uk/>