

Procedure that requires prior approval

Thames Valley Priorities Committee Commissioning Policy Statement

Policy No. TVPC76

Knee Arthroscopy for Meniscal Tears

**Recommendation made by
the Priorities Committee:**

January 2018

Date of issue:

December 2018

- Funding for arthroscopic surgery will be considered for meniscal tears as a result of trauma, after 3 months of unresolved symptoms. Conservative treatments may include non-steroidal anti-inflammatory analgesics (NSAIDs), physiotherapy and exercise.
- Arthroscopic surgery for meniscal tears in the degenerate knee, where there is full thickness cartilage loss on both sides of the respective compartment as evidenced by radiological imaging, is not normally funded. This is due to lack of evidence of positive long term outcomes over conservative treatment.

NOTES:

- Potentially exceptional circumstances may be considered by a patient's CCG where there is evidence of significant health status impairment (e.g. inability to perform activities of daily living) and there is evidence that the intervention sought would improve the individual's health status.
- This policy will be reviewed in the light of new evidence or new national guidance, e.g., from NICE.
- Thames Valley clinical policies can be viewed at <http://www.fundingrequests.ccsu.nhs.uk/>

OPCS Codes:

Diagnosis codes:-

M232 - Derangement of meniscus due to old tear or injury

M2320 - Derangement of meniscus due to old tear or injury - Multiple sites

M2321 - Derangement of meniscus due to old tear or injury - Anterior cruciate ligament or Anterior horn of medial meniscus

M2322 - Derangement of meniscus due to old tear or injury - Posterior cruciate ligament or Posterior horn of medial meniscus

M2323 - Derangement of meniscus due to old tear or injury - Medial collateral ligament or Other and unspecified medial meniscus

M2324 - Derangement of meniscus due to old tear or injury - Lateral collateral ligament or Anterior horn of lateral meniscus

M2325 - Derangement of meniscus due to old tear or injury - Posterior horn of lateral meniscus

M2326 - Derangement of meniscus due to old tear or injury - Other and unspecified lateral meniscus

M2329 - Derangement of meniscus due to old tear or injury - Unspecified ligament or Unspecified meniscus

S832 - Tear of meniscus, current

Procedure Code: W822 - Endoscopic resection of semilunar cartilage NEC