

Appendix 6 – Supporting information for GPs

There are 7 gender specialist clinics for adults in NHS England and referrals can be made to these clinics to explore with the patient the options available to them.

Exeter (The Laurels) Lead Clinician: Dr John Dean	Devon Partnership NHS Trust The Laurels Gender and Sexual Medicine Clinic 11-15 Dix's Field Exeter EX1 1QA
Leeds (Newsome Centre) Lead Clinician: Dr Amal Beaini	Leeds and York Partnership NHS Foundation Trust Leeds Gender Identity Service Outpatient's Suite, 1 st Floor, Newsome Centre, Seacroft Hospital, York Road, Leeds LS14 6UH
London (Charing Cross) Lead Clinician: Dr James Barrett	West London Mental Health Trust Gender Identity Clinic 179 – 183 Fulham Palace Road London W6 8QZ
Northampton Lead Clinician: Dr Byran Timmins	Northamptonshire Healthcare NHS Foundation Trust Denetre Hospital London Road, Daventry , Northants NN11 4DY
Nottingham Lead Clinician: Dr Walter Bouman	Nottinghamshire Healthcare trust Nottingham Gender Clinic Mandala Centre Gregory Boulevard Nottingham NG7 6LB
Sheffield Lead Clinician: Prof. Kevan Wylie	Sheffield Health and Social Care NHS Foundation Trust Porterbrook Clinic 75 Osbourne Road Nether Edge Hospital Sheffield S11 9BF
Newcastle Lead Clinician: Dr Helen Greener	Northumberland, Tyne & Wear NHS Foundation Trust Northern Region Gender Dysphoria Service Benfield House Walkergate Park Hospital Newcastle Upon Tyne NE6 4QD

Appendix 5 – Services for Children and Young People in England under 18

Children and young people experiencing gender dysphoria will access treatment and support via the gender reassignment protocol. Each patient will be considered on an individual basis by their gender identity clinic.

At present specialist gender identity development services for children and young people under 18 are available through the Gender Identity Development Service at The Tavistock and Portman NHS Foundation Trust, London, and their satellite clinics in Exeter and Leeds. Children and young people should contact their GP in the first instance and thereafter may be referred to the Gender Identity Development Service at The Tavistock and Portman NHS Foundation Trust, London.

Other professionals in Health, Social Services and Education departments as well as young people and their families can contact the Service directly to discuss a possible referral⁹. Further information can be found at <http://www.tavistockandportman.nhs.uk/genderidentityissues> .

Teenagers who are 17 years of age or older may be seen in Adult Gender Clinic. They are entitled to consent to their own treatment and follow the standard adult protocol, and this consent cannot be overruled by their parents.

Additional contact details:
Gender Identity Development Service
The Tavistock and Portman NHS Foundation Trust
Tavistock Centre
120 Belsize Lane
London
NW3 5BA
Tel: 020 8938 2030
Fax: 020 7431 8320
Web: www.tavi-port.org

The Gender Identity Development Service at The Tavistock and Portman NHS Foundation Trust is part of the NHS Camden Child and Adolescent Mental Health Service (CAMHS) which offers help to children and adolescents from birth until their 19th birthday, their families and carers as well as offering advice and consultation to other professionals working with children, adolescents and their families.

Further information on assessment and treatment of children and young people under 16 with gender dysphoria can also be found in the WPATH Standards of Care, 7th version (page 10, <http://www.wpath.org>).

⁹ The Tavistock and Portman NHS Foundation Trust Gender Identity Development Service Booklet, 2009, <http://www.tavistockandportman.nhs.uk/sites/default/files/Gender%20Identity%20Development%20Service%20leaflet%202009.pdf>

3.1 Protocol Flow Chart

When implementing the protocol, the patient should be a full participant in decisions about their healthcare and wellbeing and be given any information or support that they need in order to do so.

